

Little Learners Nursery Menu

Week 1	Monday	Select	Tuesday	Select	Wednesday	Select	Thursday	Select	Friday	Select
AM Snack	Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit	
Lunch 1 <i>Meat and fish based</i>	Macaroni Cheese with Tuna and Salad		Roast Turkey, Roast Potatoes, 2 types of Vegetables and Gravy		Sweet and Sour Chicken and Rice		Muffin Pizza with Cheese and Ham, Potato Wedges and Baked Beans		Lamb Spaghetti Bolognese with Garlic Bread	
Lunch 2 <i>Meat and fish free</i>	Macaroni Cheese with Salad		Quorn Pieces, Roast Potatoes, 2 types of Vegetables and Gravy		Sweet and Sour Quorn and Rice		Muffin Pizza with Cheese, Potato Wedges and Baked Beans		Quorn Spaghetti Bolognese with Garlic Bread	
Dessert option	Blueberry/Apple/Banana Muffin Or Fresh Fruit		Oatcake Or Fresh Fruit		Fresh Fruit Salad with Yoghurt Or Fresh fruit		Bananas and Custard Or Fresh Fruit		Frozen Yogurt Or Fresh Fruit	
PM snack	Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit	
Tea option	Filled Pitta and Salad Sticks		Sandwiches and Salad Sticks		Filled Bread Roll with Salad Sticks		Sandwiches and Salad Sticks		Filled Wrap with Salad Sticks	
Dessert option	Yogurt Or Fresh Fruit		Yogurt Or Fresh fruit		Yogurt Or Fresh Fruit		Yogurt Or Fresh Fruit		Yogurt Or Fresh Fruit	

Little Learners Nursery Menu

Week 2	Monday	Select	Tuesday	Select	Wednesday	Select	Thursday	Select	Friday	Select
AM Snack	Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit	
Lunch 1 <i>Meat and fish based</i>	Lamb Lasagne with Salad		Chicken Enchiladas and Vegetable Rice		Tuna Pasta Bake		Shepherd's Pie		Chicken Curry and Rice	
Lunch 2 <i>Meat and fish free</i>	Vegetable Lasagne with Salad		Quorn Enchiladas and Vegetable Rice		Vegetable Pasta Bake (Peas, Carrots and Broccoli)		Quorn Shepherd's Pie		Butternut Squash, Sweet Potato and Chickpea Curry and Rice	
Dessert option	Blueberry/Apple/Banana Muffin Or Fresh Fruit		Oatcake Or Fresh Fruit		Fresh Fruit Salad with Yogurt Or Fresh Fruit		Bananas and Custard Or Fresh Fruit		Frozen Yogurt Or Fresh Fruit	
PM snack	Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit		Rice cakes, Raisins and Fruit		Breadsticks, Raisins and Fruit	
Tea option	Filled Pitta and Salad Sticks		Sandwiches and Salad Sticks		Filled Bread Roll with Salad Sticks		Sandwiches and Salad Sticks		Filled Wrap with Salad Sticks	
Dessert option	Yogurt Or Fresh Fruit		Yogurt Or Fresh Fruit		Yogurt Or Fresh Fruit		Yogurt Or Fresh Fruit		Yogurt Or Fresh Fruit	